

Lake Illawarra Little Athletics Assoc. Inc.

Summer Carnival



Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 6th January 2019

Time: Carnival Starts 9:00am (Late Entries Taken From 8:00am and throughout the Day).

Pre Carnival Entry Closing Date: Entries Close Friday 4th January 2019

Entry Fee: U/6 to OPENS: \$5-00 Per Event (or 7 Events per athlete \$30.00) **Tiny Tots:** \$10.00 per athlete

Late Entry Fee: (U/6 to OPENS): \$7-00 Per Event (or 7 Events per athlete \$45.00) **Tiny Tots:** \$15.00 per athlete

Awards: Medals for 1st, 2nd and 3rd Placing's In All Events, Participation Ribbons for all other athletes (All Tiny Tots Receive an Award but must compete in all 6 events) All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered.

There is no limit to number of events an athlete can enter. Events may be combined were insufficient entries are received

Athletes may go up an Age Group to compete in an event not available in their own Age Group as long as specifications (eg Weights) do not differ, and the event is allowed under LANSW rules with the following exceptions: Under 17's Walk is opened to all athletes from the 13's to 17's. Opens events are opened to athletes registered with Athletics Australia with the exception of the High Jump where the U15 & 17's can compete, U17 can also compete in the Opens 800m and Discus, the 60m is opened to all age groups.

Events in Bold indicate Mid South Coast Zone Grand Prix Events

Tiny Tots	50m	70m	100m	Long Jump	Discus	Shot Put				
Under 6	50m	70m	100m	300m	Long Jump	Discus	Shot Put			
Under 7	50m	70m	100m	500m	Long Jump	Discus	Shot Put			
Under 8	60m/h	70m	200m	700m	Long Jump	Shot Put	Discus			
Under 9	60m/h	70m	200m	800m	700m/w	Long Jump	Discus	Shot Put		
Under 10	60m/h	70m	200m	400m	1100m/w	High Jump	Shot Put	Discus		
Under 11	60m/h	100m	200m	800m	1100m/w	Long Jump	Discus	Shot Put	Javelin	
Under 12	60m/h	100m	200m	400m	1500m/w	High Jump	Shot Put	Discus	Javelin	
Under 13	80m/h	100m	200m	800m	200m/h	Long Jump	Discus	Shot Put	Triple Jump	Javelin
Under 14	80-90m/h	100m	200m	400m	200m/h	High Jump	Shot Put	Discus	Javelin	
Under 15	90-100m/h	100m	200m	800m	300m/h	Long Jump	Discus	Shot Put	Triple Jump	Javelin
Under 17	100-110m/h	100m	200m	400m	300m/h	1500m/w*	Shot Put	Javelin	Long Jump	Triple Jump
OPENS	60m	100m	200m	800m	High Jump	Discus	Javelin	Long Jump	Triple Jump	
Multi Class Disability		100m	200m	800m U/9's up	Long Jump	Shot Put	Discus			

Enquiries: Phone Kevin McGarry 0417 048 148 or E-mail lilac_carnival@outlook.com

Mail Entries To: LILAC Summer Carnival Entries PO Box 251, WARILLA NSW 2528

Postal entries to be paid by cheque or money order only (please don't send any cash) Cheques to be made out the Lake Illawarra Little Athletic Centre

Direct Deposit Details BSB: 633-000 Account Number: 150649630 Account Name: Lake Illawarra Little Athletics Association INC

Reference: Athlete Name and Number, please email receipt and entry to lilac_carnival@outlook.com

Register via your Results HQ portal is also available

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____

BOYS/GIRLS _____

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____

EVENT 4: _____

EVENT 5: _____

EVENT 6: _____

EVENT 7: _____

EVENT 8: _____

EVENT 9: _____

EVENT 10: _____

EVENT 11: _____

EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____

BOYS/GIRLS _____

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____

EVENT 4: _____

EVENT 5: _____

EVENT 6: _____

EVENT 7: _____

EVENT 8: _____

EVENT 9: _____

EVENT 10: _____

EVENT 11: _____

EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____

BOYS/GIRLS _____

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____

EVENT 4: _____

EVENT 5: _____

EVENT 6: _____

EVENT 7: _____

EVENT 8: _____

EVENT 9: _____

EVENT 10: _____

EVENT 11: _____

EVENT 12: _____

Contact Name: _____ Contact Number: _____

Email Address: _____